

Sonny's Driving Range & Training Center

2008 Programs

Mini Series I (Full Swing)

- 1. LESSON ONE ... (SWING BASICS)**
 - a. Analyze swing (w/Video- Discretionary)
 - b. Introduction/ review of swing basics (20 min.)
 - c. Grip, Posture, Alignment (intro G.A.S.W.A.S)
 - d. Setup / Hit balls / Customize Drills
- 2. LESSON TWO ... (MID & SHORT IRONS)**
 - a. Review lesson one
 - b. Introduction (15 min demo/discussion)
 - c. Swing basics & Swing Plane discussion
 - d. Setup / Hit balls / Customize Drills
- 3. LESSON THREE ..(LONG IRONS & WOODS)**
 - a. Review lessons one & two (Basic Swing)
 - b. Introduction (15 min. demo/discussion)
 - c. Long Iron & Woods Setup / Hit balls
 - d. Setup / Hit balls / Customize Drills

Mini Series II (Short Game)

- 1. LESSON ONE ... (SHORT IRONS)**
 - a. Analyze short game swing
 - b. Introduction (20 min. demo/discussion)
 - c. Grip, Posture, Alignment (intro G.A.S.W.A.S.)
 - d. Setup / Hit balls / Customize Drills
- 2. LESSON TWO ... (CHIP SHOT SYSTEM)**
 - a. Introduction (30 min. system discussion)
 - b. Grip, Posture, Alignment (15 min demo/discussion)
 - c. Mechanical & Visualization Techniques
 - d. Setup / Hit balls / Customize Drills
- 3. LESSON THREE ... (PUTTING & SAND SHOT)**
 - a. Introduction (15 min. on Sand shot)
 - b. Grip, Posture, Alignment / Hit sand shots
 - c. Introduction (15 min. on Putting)
 - d. Setup / Hit balls / Customize Drills

Weekly Commuter Junior Golf Camp

Day 1

Registration & Introductions
 Etiquette & safety rules (film), Golf rules (film),
 and discussion
 Introduction to Short Game: Putting, Chipping,
 Short Game challenge

Day 2

Warm up and practice
 Golf rules continued (film), and discussion
 Introduction to Swing fundamentals (grip,
 posture, ball position, alignment)
 Pitching and swing fundamentals practice
 Introduction green & fairway equipment plus turf
 management
 Short Game challenge: Putting
 On course instruction / Play holes 1 thru 3

Day 3

Warm up and practice

Golf rules continued (film), and discussion
 Swing fundamental review and introduction to
 driving
 Short Game challenge: Chipping & Putting
 Course training: Pre-shot routine and Lies,
 Trajectory, Distance (LTD)
 On course instruction / Play holes 4 thru 6

Day 4

Warm up and practice
 Review full swing fundamentals and practice
 Review short game fundamentals and practice
 Course management training: Rule situations
 On course instruction / Play holes 7 thru 9

Day 5

Warm up and practice
 Review Rule Test
 Play 9 hole tournament
 Prizes and Award Ceremony

2008 Price List for Lessons

Single Lesson (Add \$10 w/Video Analysis)

Single Lesson 1 hr. \$55/ 30 min. \$40
 Seniors (62 & Older)...1 hr. \$45 / 30 min. \$30
 Juniors (17 & under)...1 hr. \$45 / 30 min. \$30

Mini Series (w/Video Analysis)

Single Student ...\$135 (3 lessons - 1.5 hr.)
 Two Students \$120 ea. (3 lessons-1 hr +45 min)
 Three Students....\$110 ea. (3 lessons - 2 hrs)

Group / Clinic Lessons

2 Students (1.5 hr.) \$40 ea.
 3-4 Students (2 hr.) \$35 ea.
 5 + Students (2 hr.) \$30 ea.

Playing Lessons

1 Students \$135 (3 lessons - 1.5 hr.)
 2-3 Students \$120 ea. (3 lessons-1 hr+45 min)
 4 + Students \$110 ea (3 lessons - 2 hrs.)

Five Day Junior Golf Camps

Limit 10 Per Class \$200 ea.
 Ages (11-14) & (15-18)
 Call for Dates and Info

2008 Range Membership

**Unlimited buckets plus Play Par 3 Executive Course -Tuesday thru Sunday until 3 PM each day
\$400 ea. / \$700 Couple**